

LESSON PLAN

STUDIO LIGHTING & COMPOSITION

DIRECTOR

Alex

LOCATION

Main Studio

DURATION

2 Hours

FOCUS OF THE DAY

Mastering the three-point lighting setup and understanding Rembrandt shadows.

TIME

SHOT BREAKDOWN

00:00 - 00:30

Theory: Key, Fill, and Backlight ratios.

00:30 - 01:30

Practical: Setting up strobes and modifiers (softboxes).

01:30 - 02:00

Review: Analyzing RAW files and tethered capture.